



Papolchac, meaning “Castle of the Kings” in Mayan language, is our exquisite residence in the Cobá Archaeological Site. Set amongst the trees of the jungle, Papolchac overlooks a picturesque lagoon 30 meters below.

Its fresh atmosphere is closely integrated with the forest within pockets of trees and the ruins of the ancient Mayan city. Extraordinary views and the soothing sounds of the lagoon habitat can be seen and heard from every corner of this bright and contemporary residence.

The majestic whiteness of the Mayan Ruin Pyramids, which can be seen from the balconies, was the inspiration of the entire design and building of the residence. The furnishings are a mixture of Contemporary Mexican design and Mayan influences.

Massages

Coqui Coqui Massage

Our own creation is a relaxing massage, which combines different techniques, which stimulate the circulation, reduce muscular tension, and eliminate stress using warm coconut oil.

It is accompanied by a Mayan clay mask, which clears impurities from the face.

Duration: 1 hour 30 minutes

Relaxing Massage

A careful combination of various techniques in a massage that de-stresses you from head to toe. The pressure and depth of this massage is adjusted according to your needs. For this massage we use oils from the Coqui Coqui collection, they will be selected according to your preference.

Duration: 1 hour

Mayan Stone Massage

An intense and complete full body massage. The weight, temperature, and texture of these stones make for a unique therapy. Their energetic qualities help to restore the natural flow of energy through your body.

Duration: 1 hour

Massage with Rebozos

A treatment based on ancestral Mexican techniques. We use traditional rebozos (fine Mexican shawls) to manipulate, adjust and squeeze tension out of the body with surprising efficiency. We finish this extraordinary massage with cupping glasses to treat tension or unease in the back.

Duration: 50 minutes

Shiatsu

This traditional Japanese massage treats acupuncture points through the application of profound pressure with the fingers. We are able to balance the energy flow through the body's meridian system, relieve muscular tension, eliminate toxins, and achieve a state of

deep relaxation. The pressure is firm and deep and accompanies the natural rhythmic breath of therapist and patient.

Duration: 1 hour 15 minutes

Reflexology

A luxurious reflexology treatment beginning with a warm foot bath with aromatic oils, an exfoliation of the feet with brown sugar, before the slow and detailed working of the whole body through its reflex points in the feet. As well as being highly relaxing and detoxifying, we are able to diagnose areas of your body that may need special attention. After the treatment of the feet the reflex points in the hands follow and we finish with those of the face.

Duration: 45 minutes

Natural Beauty Treatments

In Mayan tradition, the body was revered; they made sure to honour and purify it before the rituals that occupied the most important and sacred moments of their lives.

Take a moment to enjoy these delicious treatments that beautify your skin and fill it with health.

Natural Facial

We begin with soft pressure on points of the face, we clean it with freshly made rose water and exfoliate using a preparation of seeds or natural coconut flesh. We then apply a honey mask - aloe Vera with honey or coconut with honey depending on your skin - returning it to a soft and healthy glow. We finish the face off with a soothing massage and a nourishing natural cream.

Duration: 45 minutes

Exfoliation with native honey

A full body exfoliation using the properties of regional honey and cacao (raw chocolate beans), which leaves your skin smooth and hydrated. After rinsing we apply butter, achieving a complete renovation of the skin.

Duration: 1 hour

Aloe Vera Wrap

We combine a massage, a wrap, and a treatment for the hair. Beginning with a full body exfoliation, we follow with a wrap of fresh aloe Vera cut from our own organic crop. This plant, considered sacred to the Mayas, has amazing properties that hydrate and detoxify the skin of impurities, making it smooth and firm. Ideal to relieve sunburn or simply to help achieve that perfect tan. We finish with a relaxing de-stress massage.

Duration: 2 hours

Treatment with natural Mayan clay

This healing clay, from the Yucatan peninsula, has a refreshing effect on the skin; with its mineral properties it cleans the body and calms irritation. Its continued use helps to regenerate the skin and rejuvenate the face.

We conclude with a massage with aromatic oils that will leave you floating.

Duration: 2 hours

Bathing Rituals

In our spacious baths we use a careful selection of natural elements such as herbs, plants, oils and flowers to achieve a profound muscular, spiritual and mental relaxation and to care for the health of your skin.

We accompany our baths with a relaxing massage in feet, hands and face.

Herbal Tea Bath

Bath with Chaya & flowers

Coqui Coqui Bath

Private yoga sessions

Yoga is union; through yoga we are able to feel the well being that comes when mind and body and spirit are in union. By assuming postures that stretch, strengthen and balance us, our mind is focused on the body and both are healed. The spirit rests.

In the yoga session we are guided by the necessities of your body. We mainly practice Hatha yoga (simple and relaxed) or ashtanga yoga (energetic sequences of postures) complemented by pranayamas (breathing exercises) and meditations of your choosing.

Coba Rituals

Detoxifying Ritual

Shiatsu massage on the terrace

Full body exfoliation with brown sugar

Moisturising with Coqui Coqui oils

Duration: 2 hours

Herbal Ritual

Full body exfoliation with herbs

Herbal wrap

Massage with hot and cold stones

Herbal Tea Bath

Duration: 3 hours

Coqui Coqui Ritual

Exfoliation of the feet with cacao

Full body exfoliation with native honey

Aloe Vera wraps

Relaxing massage

Relaxing bath in coconut milk beneath a scattering of flowers

Duration: 3 hours

Coqui Coqui Day Spas

Yoga Day Spa

10:00 The day begins with a private Yoga session designed to awaken your senses, loosen up your body and bring your mind into the present moment.

12:00 You are treated to a Shiatsu session followed by one of our digestive infusions.

13:30 Lunch is served on the terrace where you can enjoy the views of the lagoon and the sounds of the jungle birds.

14:30 Exfoliation with Native Wild Honey & Cacao
A full body exfoliation using the properties of regional honey and cacao (raw chocolate beans), your skin is left smooth and hydrated. After rinsing we apply a moisturising butter, achieving a complete renovation of the skin.

16:00 A final Yoga session to bring a perfect day to a close, this session is designed to relax and unwind mind body and spirit and closes with a guided meditation and a serving of tea. You may choose to sit in the pavilion and watch the sun go down over the lagoon and let the peace of the spectacle fill you.

This day is suitable for both those who have no experience of yoga as a great introduction, and for keen yogis who would like to experience this luxurious retreat.

Maya Day Spa

10:00 We treat your body to a mask of natural Mayan clay, which cleanses and soothes you all over. Then you emerge your senses in a bath with fresh green Chaya and flowers, a jungle dream, concluding with our relaxing de-stress massage with aromatic oils to comfort and soften you from the inside out.

Afterwards we serve you an infusion from our organic tea range.

13:30 Lunch is served on the terrace

15:00 Our natural facial, we use preparations of native honey, fresh coconut aloe vera and seeds selected depending on the needs of your skin. We begin with soft pressure on points of the face, then we clean it with rose water, we exfoliate using a preparation of seeds or natural coconut flesh. We then apply a honey mask returning it to a soft and healthy glow. We finish the face off with a soothing massage and a nourishing natural cream.

16:00 We finish with our Mayan stone massage, bliss.

Healing Day Spa

10:00 Herbal bath

Have your morning bath in a cup of herbal tea. We fill one of our oversized tubs with hot water infused with a giant teabag of herbs so that their healing properties soak right through your skin.

11:00 Choose between a Shiatsu massage treats acupuncture points along your whole body or a Reiki healing session. After which we serve you an infusion from our organic tea range.

12:30 A light lunch is served on the terrace

14:00 Reflexology, we treat the problems of your body through a thorough therapy in foot, hand, and facial reflex points.

15:00 Aloe Vera wrap using this virtuous plant that was sacred to the Mayans, we cleanse hydrate and regenerate the skin and hair that protect our physical body. Beginning with a full body exfoliation, we follow with a wrap of fresh aloe Vera cut from our own crop.

16:00 The day ends with a relaxing de-stress massage, because when your body is relaxed, it heals itself.

17:00 We close with a cup of our organic infusions.

Tailored Made Day Spa

10:00 Private yoga session tailored to your needs, aiming to stretch your range of movement and focus mind and spirit.

11:30 Massage of your choice from our menu.

13:00 Lunch is served on the terrace

14:30 Your choice of Facial/reflexology/or full body exfoliation

15:30 Enjoy an infusion of organic tea in the pavilion

16:00 Try another massage from our extensive massage menu

17:00 Choose from our luxurious bathing experiences in one of our oversized tubs.

Archaeology & Relax Day Spa

If you are taking a trip to the ruins we have a proposal that will transform your outing into an unforgettable day. You might want to go to the ruins as soon as they open at 8pm in order to enjoy the most peaceful hours there, then you can join us at Coqui Coqui for the hottest hours of the day, and revitalise yourself for further explorations of the ruins in the afternoon: here is our suggestion;

11:30 You leave the ruins and make your way over to Coqui Coqui where we receive you with refreshments and a light lunch on the terrace.

12:30 Aloe Vera Wrap, we enfold you in cooling Aloe Vera cut fresh from our crop. Beginning with a full body exfoliation, we follow with the Aloe Vera wrap giving your body time to absorb its amazing healing properties and finish with a relaxing de-stress massage.

14:30 We treat your tired feet to a reflexology session that revitalises your whole body ready to take on the pyramids once more.

15:00 Return to the archaeological site.